

**MAIN COURSES**

**SALMON A LA PLANCHA.....£17.95**

Pan cooked salmon fillet with wholegrain mustard sauce (5,9,7,14,13)

**FILETE DE LUBINA.....£18.95**

Filletted Sea bass with fresh lime and butter sauce (5,13,7,14)

**CHULETAS DE CORDERO .....£21.95**

Char-grill Lamb Cutlets with mint sauce on the side (7)

**PIERNA DE CORDERO .....£18.95**

Slow roast Lamb shank with peppers, and red wine (13,2,14)

**POLLO AL IBERICO .....£16.95**

Char-grill chicken breast with jamon serrano, onions, garlic & saffron sauce. (14,13,7)

**POLLO A LA CREMA .....£14.95**

Pan fried chicken with cream and mushroom sauce (14,13,7)

**PINCHOS PICANTES .....£15.95**

Marinated chicken skewers in coriander, cumin, mix spices & caramelised onion dip (13)

**PAELLA MIXTA ( for two ).....£36.90**

Traditional Spanish seafood and chicken paella (8,3,13,5)

**PASTA CON MARISCOS .....£17.95**

seafood linguini with olive oil and very spicy chilis (3)

**SOLOMILLO DE TERNERA.....£27.95**

Char-grill prime fillet steak served with garlic butter or ( green peppercorn, brandy and cream sauce ) supplement sauce £2.25 (7,14)

**ENTRECOTE DE TERNERA .....£22.95**

Char-grill Sirloin steak served with garlic butter or mushroom and cream sauce (7,14)

**HÍGADO DE TERNERA .....£21,95**

Calves liver served with bacon, shallots and red wine sauce (13,2,14)

**SOLOMILLO IBÉRICO .....£15.95**

Slow cooked iberian pork fillets with mix herbs & garlic served with apple sauce (13)

**PENNE A LA CARBONARA.....£13.95**

Penne pasta with bacon, mushrooms and cream sauce (7,2)

**PASTA VEGETARIANA .....£12.95**

Penne pasta with mushrooms, spinach and cream (7,12)

**PASTA CON ALBONDIGAS.....£14.95**

Linguini pasta with homemade meatballs and tomato sauce (2,13,12)

**Allergy Chart**

**1 celery, 2 cereals / wheat,**  
**3 shellfish., 4 eggs, 5 fish, 6 lupin,**  
**7 milk, 8 molluscs, 9 mustard,**  
**10 nuts, 11 peanuts, 12 sesame**  
**seeds, 13 soya, 14 sulphur dioxide.**

**All Main courses ( apart from pasta & paella ) are served with a selection of vegetables & sautéed potatoes.**

**For any extras £ 4.95 each.**  
**( mushrooms, spinach & peas )**  
**(boiled Rice) ( chips, mash**  
**potatoes, new potatoes &**  
**sautéed potatoes with onions.)**